



A PsychDD Forum...

The Association of Psychologists in Developmental Disability Services

Family Resilience

in families where a child has a disability

Presenter: Dr Kristy Muir Dr Kristy Muir is a Senior Research Fellow and the Evaluation Manager at the Social Policy Research Centre, University of New South Wales. Kristy has worked as a researcher in both the NGO and university sectors. She has considerable research experience and interest in the area of disability and how disability affects individuals and their families. This forum is based on research Kristy conducted for the Commonwealth State/Territory Disability Policy and Research Working Group. She is currently leading research in the areas of mental health, young people and carers. Further details on Kristy's current research are available at www.sprc.unsw.edu.au

Families where a child has a disability can experience significant stress and social, financial and emotional vulnerability. The concept of 'family resilience' has been identified as a characteristic that enables families to meet the challenges they face. Family resilience is a three-step process: experiencing a crisis/adversity; drawing on strengths and resources; and adapting and resuming family functioning. Understanding factors that contribute to and hinder family resilience is a current and important consideration in service provision and policy.

This forum will cover the following:

- the resilience concept;
- family resilience and how it applies to families where a child has a disability;
- service models and family resilience;
- measuring family resilience;
- the relationship between inter- and intra-family strengths and resources;
- how families practically draw on their own (intra-) strengths and resources and those within the community (inter-) to negotiate the family resilience process; and
- how service providers/organisations can assist families to build and maintain family resilience.

Date: Friday 29th May 2009

Time: 10:00pm til 1:00pm (registration from 9:30)

Venue: Conference Rm 1, Level 4, 93 George St Parramatta

Cost: Free for members! (\$10 for non-members)

This forum is directed at those who provide intervention or service to families where intellectual disability is present. You do not have to be a Psychologist to attend. Please forward this flyer to your colleagues.

Please email Berindah at Berindah.Aicken@dcs.nsw.gov.au to advise us whether you plan to attend and if you are a PsychDD member. **BOOKINGS ESSENTIAL!!!**